

Tour De france 2016 Stages credit: cycling180.com

STAGE	TYPE	DATE	START AND FINISH	DISTANCE
1	Flat	Saturday, July 2nd	Mont-Saint-michel / Utah Beach Sainte-Marie-du-Mont	188 km
2	Flat	Sunday, July 3rd	Saint-Lô / Cherbourg-en-Cotentin	182 km
3	Flat	Monday, July 4th	Granville / Angers	222 km
4	Flat	Tuesday, July 5th	Saumur / Limoges	232 km
5	Mountain	Wednesday, July 6th	Limoges / Le Lioran	216 km
6	Flat	Thursday, July 7th	Arpajon-sur-Cère / Montauban	187 km
7	Mountain	Friday, July 8th	L'Isle-Jourdain / Lac de Payolle	162 km
8	Mountain	Saturday, July 9th	Pau / Bagnères-de-Luchon	183 km
9	Mountain	Sunday, July 10th	Vielha Val d'Aran / Andorre Arcalis	184 km
-	Rest day	Monday, July 11th	Andorre	
10	Hilly	Tuesday, July 12th	Escaldes-Engordany / Revel	198 km
11	Flat	Wednesday, July 13th	Carcassonne / Montpellier	164 km
12	Mountain	Thursday, July 14th	Montpellier / Mont Ventoux	185 km
13	Individual time trial	Friday, July 15th	Bourg-Saint-Andéol / La Caverne du Pont-d'Arc	37 km
14	Flat	Saturday, July 16th	Montélimar / Villars-les-Dombes Parc des Oiseaux	208 km
15	Mountain	Sunday, July 17th	Bourg-en-Bresse / Culoz	159 km

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16	Flat	Monday, July 18th	Moirans-en-Montagne / Berne	206 km
-	Rest day	Tuesday, July 19th	Berne	
17	Mountain	Wednesday, July 20th	Berne / Finhaut-Emosson	184 km
18	Individual time trial	Thursday, July 21st	Sallanches / Megève	17 km
19	Mountain	Friday, July 22nd	Albertville / Saint-Gervais Mont Blanc	146 km
20	Mountain	Saturday, July 23rd	Megève / Morzine	146 km
21	Flat	Sunday, July 24th	Chantilly / Paris Champs-Élysées	113 km